DON'T HELP GOD

When Flesh Tries to Do What Only Faith Can Birth

Pastor Dr. Emmanuel Mukisa, D.D.

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Email: books@wotmi.org

Web: www.wotpublishing.com

Tel: +256 742 302 566 / +256 786 821 888

Dedication

To every man and woman
who has ever waited quietly
while others ran ahead.

To those who chose surrender over strategy,
obedience over options,
and rest over results.

You are not behind—
you are being built.

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To my spiritual father, **Pastor Chris Oyakhilome, DSc, DSc, DD**, your life is a living epistle. Thank you for teaching me to trust the Word, to follow the Spirit, and to never try to assist the Almighty. Your example taught me that rest is not inactivity—it is agreement with God.

To every waiting heart—those who have resisted the urge to help God and chosen the posture of surrender—this book is for you. May you find strength to keep trusting, even in the silence.

To my spiritual sons and daughters across nations—you are the reason this message matters. May you never settle for Ishmael when Isaac is on the way.

And to the team at WOT Publishing—thank you for stewarding this assignment with excellence and honour.

Preface

Some truths don't begin as revelation—they begin as warnings.

Years ago, not long after I had given my life to Christ, I remember sitting under the teaching of my pastor. He read us the story of Uzzah—the man who reached out to steady the ark of God and was struck dead (2 Samuel 6:6–7).

Then my pastor looked at us and said something I've never forgotten:

"God doesn't want to be helped."

That word stayed with me. Even in my youthful zeal, I realised—**He is God enough to help Himself.**

I didn't know it then, but that moment marked a seed of reverence in me. A caution. A holy fear. As I grew in ministry, I began to see how many people—out of fear, out of pressure, even out of good intention—try to "steady the ark" of God's Word with human hands. They interfere with what they should trust. They try to carry what they were only meant to believe.

This book was born out of that realisation. That **God does not need our help. He needs our faith.**

He is not looking for co-performers. He is looking for believers who will rest in what He has said, even when time and logic seem to argue.

May these pages call you out of striving and into surrender. May they expose the subtle panic that often hides behind religious performance. And may they lead you to the posture of faith that says:

"Lord, even if it takes years—I will wait for You to take me there."

Don't help God.

Believe Him.

— Pastor Dr. Emmanuel Mukisa, D.D.

Introduction

"God does not need your help. He needs your faith."

In every generation, men have struggled with the silence of God. The longer the wait, the louder the urge to act. But in the Kingdom, activity is not the same as productivity—and sometimes, the greatest form of disobedience is a well-intentioned act done outside divine instruction.

From the Garden to the Cross, the pattern remains the same: man always seeks to add his hand to what God intended to finish by His Word. The result? Delay, destruction, and deviation from destiny.

When Abraham received the promise of a son, faith was ignited. But as the years rolled on and Sarah's womb remained barren, faith gave way to frustration—and frustration produced Ishmael. A child of the flesh. A solution born not from promise, but from panic.

The temptation to help God is not a sign of wickedness; it's often a distortion of trust. It's an attempt to preserve divine integrity by human performance. But God never asked you to make His Word come to pass—He asked you to believe it. The moment you try to "help" God, you interfere with the very system of grace He set in motion.

This book is a prophetic call to stop trying, and start trusting. To stop interfering, and start believing. It is a call to let the Word work, to let the Spirit lead, and to let God's integrity be enough for you. You will discover why divine promises do not need human panic, and how rest—not rush—is the true language of faith.

If you've ever tried to "fix" your situation, to "speed up" your prophecy, or to "force" what God hasn't finished, this message is for you.

Don't help God. Believe Him.

CHAPTER

1

The Temptation to Help God

"And Sarai said unto Abram... go in unto my maid..." (Genesis 16:2)

There is a subtle but deadly temptation that visits every man of promise—the urge to help God make His Word come to pass.

It often begins in the sacred place of revelation. You receive a Word from God—clear, powerful, and specific. Your spirit leaps. Faith rises. Hope is stirred. But then... time passes.

The delay begins to whisper questions: *Did God really say? Maybe I misunderstood. Perhaps He meant I should act.* And before long, the same voice that once celebrated the promise now begins to conspire with human reason to fabricate a shortcut.

That's what happened to Abraham and Sarah.

"Now Sarai, Abram's wife, bare him no children: and she had an handmaid, an Egyptian, whose name was Hagar." — *Genesis 16:1*

The Word had been spoken. Abraham would be the father of many nations. But the womb of promise remained closed, and the pressure of delay began to speak louder than the voice of God.

Sarah, driven by desperation and a sincere desire to see prophecy fulfilled, did what many believers do today—she offered a logical solution: *"Take Hagar."*

And Abraham, instead of holding to the original voice of God, listened to the reasoning of his wife. Not out of rebellion, but out of restlessness.

The danger of spiritual restlessness is that it disguises itself as responsibility.

It makes you think you're being proactive when, in fact, you are polluting the process. Helping God is not faith—it's flesh. And flesh cannot birth what only Spirit can conceive.